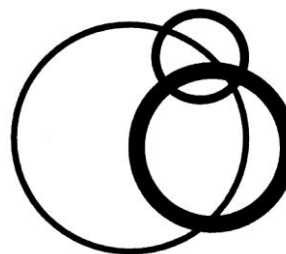


# **bnatural**

## **health services**

**Suite 19, 8-20 O'Connell St,  
North Adelaide SA 5006  
0417882374 brian@bnatural.com.au  
www.bnatural.com.au**



Thank you for joining **bnatural**.

Please complete the following and return to the above address prior to the start date.

In a few words, describe what you want to achieve from your training at **bnatural**.

.....  
.....  
.....  
.....  
.....

### **Please complete your Personal Details**

Full Name .....

Address .....

Post Code .....

Home ..... Work .....

Mobile .....

Email .....

Date of birth .....

Occupation ..... Place of birth .....

No. of Children .....

In case of emergency please provide a contact name and phone number

.....

### **Please complete your medical history**

Name of medical practitioner(s)

.....  
.....  
.....

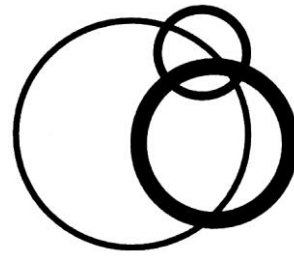
Current medication (include natural supplements)

.....  
.....  
.....  
.....  
.....

# bnatural

## health services

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### Allergies

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### Medical History

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### ExerciseHistory

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### Please read and sign

Regular physical activity is healthy. Becoming more active is safe for most; however we recommend you check with your doctor if you have **any** condition or concerns before undertaking physical activity with **bnatural health services**.

In attendance of a service provided by **bnatural health services** you understand you are capable of all forms of exercise and that you are in good physical condition. It is your sole responsibility to bring to the attention of **bnatural health services** any medical condition that warrants a risk to yourself.

**bnatural health services** will not accept any liability for any accident or injury (including any fatality) **bnatural health services** liability for loss, damage or theft is strictly limited to loss, damage or theft as a result of negligence by **bnatural health services**.

Report all incidents immediately to Brian Killian on 0417 882374. No responsibility is taken by **bnatural health services** for accidents.

Signed ..... Date .....